

Please make sure your grade level group is correct on your menu and input your counts to the left of each meal you want to order. Please refer to bottom of menu for menu selection policies.

School Name: New Horizons Charter Academy

April 2024 HEAT On-Site Menu



Last Updated: 11/07/2023



At 11:11 am

Grades:	April 2024 HEAT On-Site Menu				
K - 8	Red & Orange	Dark Green	Beans & Peas	Starchy	Other Veggies
Week 1	Red & Orange	Dark Green	Beans & Peas	Starchy	Other Veggies
Options	4/1/2024	4/2/2024	4/3/2024	4/4/2024	4/5/2024
Breakfast	Coffee Cinnamon Crumble	Sausage English Muffin	Banana Muffin	Pancakes (2)	Mexican Concha
Breakfast	Bagel & Jelly	Multi Grain Cheerios & WG Crackers	Sunbutter & Jelly Sandwich	Cinnamon Toast Crunch & WG	Bagel & Jelly
Hot Meal	Hamburger w/carrot sticks (3/4c)	Poblano Green Chicken Pasta	Hawaiian Chicken w/brown rice	Chicken Tinga Burrito w/whole kernel	Honey BBQ Wings w/dinner roll &
Hot Meal	Bean & Cheese Burrito w/carrot sticks (1/2c)	Orange Chicken Bowl w/brown rice (3/4c) & steamed broccoli & carrots (1c)	Three Cheese Mac & Cheese w/bbq baked beans (3/4c)	Starchy NEW! Sloppy Joe on a HB Bun w/whole kernel corn (3/4c)	Creamy Tuscan Chicken Pasta w/peas & carrots (1c)
Hot Vegetarian	Black Bean Burger w/carrot sticks	Poblano Green Cheese Pasta	Three Cheese Mac & Cheese w/bbq	Bean & Cheese Burrito w/whole	Creamy Tuscan Cheese Pasta w/peas
Cold Meal	Turkey & Cheese Hoagie Sandwich	Creamy Basil Chicken Hoagie	Oriental Chicken Tortilla Wrap w/bbq	Ham and Cheese Bagel Sandwich	Roasted Pepper Chicken Hoagie
Cold Pastas	Asian Chicken Pasta Salad	Chicken Pasta Primavera Salad	Cilantro Chicken Pasta Salad	Fiesta Chicken Pasta Salad	Sweet Chili Chicken Pasta Salad
Cold Vegetarian	Chipotle Cheese Pasta Salad	Bean & Cheese Torta w/broccoli &	Cajun Cheese Pasta Salad w/bbq	Bean & Cheese Torta w/bbg corn	Marinara Cheese Pasta Salad
Daily Salad	Caesar Chicken Salad with a Wheat	Santa Fe Chicken Salad with a Wheat	Greek Chicken Salad with a Wheat	Chef Turkey & Ham Salad with a	Chinese Chicken Salad with a Wheat
Snack	Scoby-Doo Crackers	Vanilla Muffin (S)	Chocolate Chex Mix	Goldfish Crackers	Oatmeal Cookie (S)
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Week 2	Red & Orange	Starchy	Beans & Peas	Dark Green	Other Veggies
Options	4/8/2024	4/9/2024	4/10/2024	4/11/2024	4/12/2024
Breakfast	Yogurt & Graham Crackers	Soyrzo Breakfast Burrito	Strawberry Muffin	Cinnamon French Toast	Vanilla Muffin
Breakfast	Sunbutter & Jelly Sandwich	Lucky Charms & WG Crackers	Bagel & Jelly	Rice Chex & WG Crackers	Bagel & Jelly
Hot Meal	Turkey Hot Dog on a Bun w/carrot	Spaghetti and Meatballs w/whole	Beef & Cheese Nachos w/fiesta	Chicken Alfredo Baked Ziti Bowl	Chicken, Rice & Bean Burrito w/carrot
Hot Meal	Breaded Chicken Patty on a HB Bun	Hamburger w/tater tots (3/4c)	Chicken Tamat w/fiesta beans & corn	Southwestern Chicken w/brown rice	Chicken Teriyaki Bowl w/brown rice
Hot Vegetarian	Black Bean Burger w/carrot sticks	Spaghetti & Cheese Marinara	Cheese Quesadilla w/spanish rice	Cheesy Alfredo Baked Ziti Bowl	Bean & Cheese Burrito w/carrot
Cold Meal	BBQ Chicken Hoagie Sandwich	Turkey & Cheese Panini w/bbg corn	Cilantro Chicken Hoagie Sandwich	Caesar Chicken Tortilla Wrap	Ham and Cheese Hoagie Sandwich
Cold Pastas	Asian Chicken Pasta Salad	Fiesta Chicken Pasta Salad	Cilantro Chicken Pasta Salad	Chicken Pasta Primavera Salad	Sweet Chili Chicken Pasta Salad
Cold Vegetarian	Parmesan Cheese Pasta Salad	Bean & Cheese Torta w/bbg corn	Chipotle Cheese Pasta Salad w/bbg	Bean & Cheese Torta w/broccoli &	Garlic Pesto Cheese Pasta Salad
Daily Salad	Caesar Chicken Salad with a Wheat	Santa Fe Chicken Salad with a Wheat	Greek Chicken Salad with a Wheat	Chef Turkey & Ham Salad with a	Chinese Chicken Salad with a Wheat
Snack	Chocolate Chip Muffin (S)	Oatmeal Cookie (S)	Goldfish Pretzel	Scoby-Doo Crackers	Cereal Bar (S)
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Week 3	Red & Orange	Starchy	Beans & Peas	Dark Green	Other Veggies
Options	4/15/2024	4/17/2024	4/17/2024	4/18/2024	4/19/2024
Breakfast	Coffee Cinnamon Crumble	Breakfast Chilaquites	Banana Muffin	Sausage English Muffin	Mexican Concha
Breakfast	Bagel & Jelly	Multi Grain Cheerios & WG Crackers	Sunbutter & Jelly Sandwich	Coco Puffs & WG Crackers	Bagel & Jelly
Hot Meal	BBQ Chicken on a HB Bun w/carrot	Three Cheese Mac & Cheese w/peas	Chicken Soft Tacos w/spanish rice	Pizza Lasagna w/steamed broccoli &	Hawaiian Chicken w/brown rice
Hot Meal	Bean & Cheese Burrito w/carrot	Orange Chicken Bowl w/brown rice	Green Chicken Enchiladas w/fiesta	Creamy Chicken Chipotle w/brown	Turkey Hot Dog on a Bun w/carrot
Hot Vegetarian	Black Bean Burger w/carrot sticks	Three Cheese Mac & Cheese w/peas	Green Cheese Enchiladas w/fiesta	Vegetarian Lasagna w/steamed	Vegetable Fried Rice
Cold Meal	Turkey & Cheese Bagel Sandwich	Roasted Pepper Chicken Hoagie	Caesar Chicken Tortilla Wrap w/bbq	Creamy Basil Chicken Hoagie	Ham and Cheese Panini w/carrot
Cold Pastas	Asian Chicken Pasta Salad	Fiesta Chicken Pasta Salad	Cilantro Chicken Pasta Salad	Chicken Pasta Primavera Salad	Sweet Chili Chicken Pasta Salad
Cold Vegetarian	Marinara Cheese Pasta Salad	Bean & Cheese Torta w/bbg corn	Cajun Cheese Pasta Salad w/bbg	Bean & Cheese Torta w/broccoli &	Parmesan Cheese Pasta Salad
Daily Salad	Caesar Chicken Salad with a Wheat	Santa Fe Chicken Salad with a Wheat	Greek Chicken Salad with a Wheat	Chef Turkey & Ham Salad with a	Chinese Chicken Salad with a Wheat
Snack	Scoby-Doo Crackers	Strawberry Muffin (S)	Cheeze-Its	Chocolate Chex Mix	Oatmeal Cookie (S)
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Week 4	Red & Orange	Starchy	Beans & Peas	Dark Green	Other Veggies
Options	4/22/2024	4/23/2024	4/24/2024	4/25/2024	4/26/2024
Breakfast	String Cheese & Graham Crackers	Pancakes (2)	Chocolate Chip Muffin	Bean & Cheese Breakfast Burrito	Blueberry Muffin
Breakfast	Sunbutter & Jelly Sandwich	Cinnamon Toast Crunch & WG	Bagel & Jelly	Trix & WG Crackers	Bagel & Jelly
Hot Meal	Hamburger w/carrot sticks (3/4c)	Chicken Parmesan Pasta w/whole	Fresco Chicken Bowl w/spanish rice	Chicken Alfredo Baked Ziti Bowl	Buffalo Wings w/dinner roll & carrot
Hot Meal	Chicken Teriyaki Bowl w/brown rice	Chicken Nuggets w/dinner roll &	Chicken Tamat w/fiesta beans & corn	Lemon Garlic Chicken w/brown rice	Beef, Rice & Bean Burrito w/carrot
Hot Vegetarian	Black Bean Burger w/carrot sticks	Spaghetti & Cheese Marinara	Cheese Quesadilla w/spanish rice	Cheesy Alfredo Baked Ziti Bowl	Bean & Cheese Burrito w/carrot
Cold Meal	Turkey & Cheese Hoagie Sandwich	Cilantro Chicken Hoagie Sandwich	Ham and Cheese Bagel Sandwich	Oriental Chicken Tortilla Wrap	BBQ Chicken Hoagie Sandwich
Cold Pastas	Asian Chicken Pasta Salad	Fiesta Chicken Pasta Salad	Cilantro Chicken Pasta Salad	Chicken Pasta Primavera Salad	Sweet Chili Chicken Pasta Salad
Cold Vegetarian	Garlic Pesto Cheese Pasta Salad	Bean & Cheese Torta w/bbg corn	Chipotle Cheese Pasta Salad w/bbg	Bean & Cheese Torta w/broccoli &	Cajun Cheese Pasta Salad w/carrot
Daily Salad	Caesar Chicken Salad with a Wheat	Santa Fe Chicken Salad with a Wheat	Greek Chicken Salad with a Wheat	Chef Turkey & Ham Salad with a	Chinese Chicken Salad with a Wheat
Snack	Banana Muffin (S)	Goldfish Pretzel	Cereal Bar (S)	Oatmeal Cookie (S)	Scoby-Doo Crackers
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Week 5	Red & Orange	Starchy	Beans & Peas	Dark Green	Other Veggies
Options	4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
Breakfast	Coffee Cinnamon Crumble	Cheese Quesadilla	Vanilla Muffin	Maple Waffle	Mexican Concha
Breakfast	Bagel & Jelly	Lucky Charms & WG Crackers	Sunbutter & Jelly Sandwich	Cinnamon Toast Crunch & WG	Bagel & Jelly
Hot Meal	Breaded Chicken Patty on a HB Bun	Chili Cheese Dog w/whole kernel	Beef & Cheese Nachos w/fiesta	BBQ Chicken Mac & Cheese	Hamburger w/carrot sticks (3/4c)
Hot Meal	Beef & Bean Burrito w/carrot sticks	Mongolian Chicken Chow Mein Bowl	Street Corn Chicken Bake w/dinner	Orange Chicken Bowl w/brown rice	Bean & Cheese Burrito w/carrot
Hot Vegetarian	Bean & Cheese Burrito w/carrot	Green Cheese Enchiladas w/whole	Cheese Quesadilla w/spanish rice	Three Cheese Mac & Cheese	Black Bean Burger w/carrot sticks
Cold Meal	Creamy Basil Chicken Hoagie	Ham and Cheese Hoagie Sandwich	Torta de Tinga w/cilantro bean salad	Turkey & Cheese Panini w/broccoli &	Roasted Pepper Chicken Hoagie
Cold Pastas	Asian Chicken Pasta Salad	Fiesta Chicken Pasta Salad	Cilantro Chicken Pasta Salad	Chicken Pasta Primavera Salad	Sweet Chili Chicken Pasta Salad
Cold Vegetarian	Parmesan Cheese Pasta Salad	Bean & Cheese Torta w/bbg corn	Marinara Cheese Pasta Salad	Bean & Cheese Torta w/broccoli &	Garlic Pesto Cheese Pasta Salad
Daily Salad	Caesar Chicken Salad with a Wheat	Santa Fe Chicken Salad with a Wheat	Greek Chicken Salad with a Wheat	Chef Turkey & Ham Salad with a	Chinese Chicken Salad with a Wheat
Snack	Goldfish Crackers	Chocolate Chip Muffin (S)	Oatmeal Cookie (S)	Strawberry Chex Mix	NutriGrain Bar (S)
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Orders not submitted before the 5 business day deadline will receive meats selected by their client representative. Meat changes and cancellations must be given within 5 business days. Order counts may be changed within a 2 business day notice. At least 80% of weekly grains/breads are whole grain rich. Fruits are subject to change depending on availability of product. All breakfast, lunches and suppers are served with milk and fruit. Snack is served with milk. Menu subject to change. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.