

February 2023

New Horizon Fair

GRADE: K-8
SBP/NSLP Menu
Serve w/ Milk & Fruit

B=

L=

S=

Last updated: 11/18/22at 12:45 pm

Menus are not final. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

	MONDAY RED/ORANGE	TUESDAY LEGUMES	WEDNESDAY DARK GREEN	THURSDAY STARCHY	FRIDAY OTHER
	30	31	1	2	3
AST	Mexican Concha	Lucky Charms & WG Crackers	Bagel & Cream Cheese	Egg & Soyrizo Breakfast Burrito	String Cheese & Graham Crackers
AL	Breaded Chicken Patty on a HB Bun w/carrot sticks (3/4c)	Beef Picadillo (3/4c) w/spanish rice (3/4c) & pinto beans (3/4c)	Hawaiian Chicken w/brown rice (3/4c) & broccoli (3/4c)	Chicken Nuggets w/whole kernel corn (3/4c)	Pepperoni Pizza w/carrot sticks (3/4c)
SETARIAN	Black Bean Burger w/carrot sticks (3/4c)	Cheese Quesadilla w/spanish rice (1/2c) & pinto beans (3/4c)	Creamy Chipotle Cheese Pasta w/broccoli (3/4c)	Bean & Cheese Burrito w/whole kernel corn (3/4c)	Cheese Pizza w/carrot sticks (3/4c)
	Goldfish Crackers	Strawberry Muffin	Cereal Bar	Banana Muffin	Scoby-Doo Crackers
	6	7	8	9	10
AST	Yogurt & Graham Crackers	Pancakes (2)	Banana Muffin	Cheese Quesadilla	Coffee Cinnamon Crumble
AL	BBQ Chicken on a HB Bun w/carrot sticks (3/4c)	Chicken Alfredo Pasta w/whole kernel corn (3/4c)	Three Cheese Mac & Cheese w/broccoli (3/4c)	PepperJack Cheeseburger w/bbq baked beans (3/4c)	Pepperoni Pizza w/carrot sticks (3/4c)
SETARIAN	Bean & Cheese Burrito w/carrot sticks (3/4c)	Alfredo Cheese Pasta w/whole kernel corn (3/4c)	Three Cheese Mac & Cheese w/broccoli (3/4c)	Green Cheese Enchiladas w/pinto beans (3/4c)	Cheese Pizza w/carrot sticks (3/4c)
	Blueberry NutriGrain Bar	Chocolate Chex Mix	Cheez-its	Goldfish Pretzel	Strawberry Muffin
	13	14	15	16	17
AST	Mexican Concha	Maple Waffle 	Strawberry Muffin	Bean & Cheese Breakfast Burrito	String Cheese & Graham Crackers
AL	Hawaiian Chicken w/brown rice (3/4c) & steamed carrots (3/4c)	Chicken Fajitas (3/4c) w/spanish rice (3/4c) & pinto beans (3/4c)	Teriyaki Chicken Chow Mein Bowl w/broccoli (3/4c)	Cheeseburger w/tater tots (3/4c)	Pepperoni Pizza w/carrot sticks (3/4c)
SETARIAN	Black Bean Burger w/carrot sticks (3/4c)	Tofu Fajitas (3/4c) w/spanish rice (3/4c) & pinto beans (3/4c)	Vegetarian Lasagna w/broccoli (3/4c)	Bean Chili (3/4c) w/dinner roll & whole kernel corn (3/4c)	Cheese Pizza w/carrot sticks (3/4c)
	Scoby-Doo Crackers	Coffee Cinnamon Crumble	Goldfish Crackers	Strawberry Chex Mix	Banana Muffin
	20	21	22	23	24
AST		Coco Puffs & WG Crackers	Mini Bagel & Sunbutter	Rice Chex & WG Crackers	Mini Bagel & Sunbutter
AL		Chicken, Rice & Bean Burrito w/pinto beans (3/4c)	Beef Marinara Baked Ziti Bowl w/broccoli (3/4c)	Chicken Nuggets w/whole kernel corn (3/4c)	Pepperoni Pizza w/carrot sticks (3/4c)
SETARIAN		Three Cheese Mac & Cheese w/bbq baked beans (3/4c)	Cheesy Marinara Baked Ziti Bowl w/broccoli (3/4c)	Black Bean Burger w/whole kernel corn (3/4c)	Cheese Pizza w/carrot sticks (3/4c)
		Cheez-its	Goldfish Pretzel	Strawberry Muffin	Chocolate Chex Mix
	27	28	1	2	3
AST	Mexican Concha	Sausage English Muffin	Coffee Cinnamon Crumble	Pancakes (2)	String Cheese & Strawberry NutriGrain Bar
AL	Mongolian Bowl w/brown rice (3/4c) & steamed carrots (3/4c)	Turkey Hot Dog on a Bun w/bbq baked beans (3/4c)	Chicken Alfredo Baked Ziti Bowl w/broccoli (3/4c)	Chicken & Waffles w/mashed potatoes (3/4c)	Pepperoni Pizza w/carrot sticks (3/4c)
SETARIAN	Black Bean Burger w/carrot sticks (3/4c)	Cheese Quesadilla w/spanish rice (1/2c) & pinto beans (3/4c)	Cheesy Alfredo Baked Ziti Bowl w/broccoli (3/4c)	Bean & Cheese Burrito w/whole kernel corn (3/4c)	Cheese Pizza w/carrot sticks (3/4c)
	Apple NutriGrain Bar	Banana Muffin	Strawberry Chex Mix	Cheez-its	Scoby-Doo Crackers

This institution is an equal opportunity provider.

Breakfast fruit/cheese portions: 1 cup & Lunch fruit/cheese portions: 1/2 cup (Lunch served exceed 50% of total weekly servings.) M&F (3 Oz) (1/2 Non-fat/Non-fat Choc)

School Notes:

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eat right, be bright!